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For Immediate Release:

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Isolation is a common side effect of domestic abuse. The abuser wants to isolate the victim from family and friends and from economic independence. At the same time, the victim chooses to isolate themselves to avoid explaining bruises, scratches or their increased absence or silence.

Survivors of domestic violence need support groups and education programs to assist them in finding resources and allowing them in a confidential setting to express their feelings.

The Domestic Abuse Council, Inc. facilitates several support groups and outreach programs at various locations throughout the county. The groups are segregated by gender. The groups are lead by trained advocates.

For more information on this and other programs about domestic violence and prevention, please contact the Domestic Abuse Council at [386-257-2297](tel:386-257-2297) or call the hotline at [386-255-2102](tel:386-255-2102) or [1-800-500-1119](tel:1-800-500-1119).

END

## Services

- ❖ Emergency Shelter ❖ Transitional Housing ❖ School Based Prevention Programs ❖
- ❖ Court/Legal Advocacy ❖ Community Education and Professional Training ❖